

Opening Week Thursday 9-5-17 and Friday 9-6-17



# RAMAPO INDIAN HILLS HIGH SCHOOL LUNCH MENU

## \$3.25 Meal Deal

ENTRÉE W/ DAILY VEGETABLE OR HAND FRUIT AND 8 OZ WATER OR MILK

### MONDAY

Steak and Cheese Sub, Broccoli

### TUESDAY

Spaghetti and Meatballs, Garlic Bread, Zucchini

### WEDNESDAY

Roasted Chicken Drums, Roasted Vegetable

### THURSDAY

Sloppy Joes, Carrots

### FRIDAY

Popcorn Chicken, Mixed Vegetables



## DAILY ITEMS

Chicken Fingers \$4.00

Mozzarella Sticks \$3.75

French Fries \$ .75

Daily Vegetable Side \$ .75

Specialty Fries \$1.25

## MADE TO ORDER

Angus Burgers \$3

Breaded Chicken Sandwich \$4

Marinated Chicken Sandwich \$4

Vegetarian Burger \$3

Grilled Cheese \$3

## DAILY ITEMS

Cheese \$1.50

Pepperoni \$1.75

### MONDAY

White Pizza \$2.00

### TUESDAY

Cheeseburger Pizza \$2.00

### WEDNESDAY

Meat Lover Pizza \$2.00

### THURSDAY

Buffalo Chicken Pizza \$2.00

### FRIDAY

Italian Stromboli \$2.00



### PICK A BREAD

Sub Roll, Wrap, Kaiser Roll, Gluten Free

### GET SOME PROTEIN

Ham, Turkey, Salami, Tuna Salad, Roast Beef ,  
Chicken Breast, Breaded Chicken

Deli \$4.00

Chicken Breast, Breaded Chicken, or Tuna \$4.00

Vegetarian \$3.00

Buffalo Rider Panini \$4.00

### FIND SOME CHEESE

American, Swiss, Provolone, Pepper Jack,  
Cheddar

### CUSTOMIZE

With our assorted toppings and dressings.

**Add Bacon \$ .50**

**Extra Meat \$1.00**

**Extra Cheese \$1.00**

## \$4 Make Your Own Salad

Make your own salad the way you prefer at our freshly prepared salad bar.



Monday \$4.25

Double Cheese Burgers

Tuesday \$4.25

Burrito Bar

Wednesday \$4.25

Falafel Bar

Thursday \$4.25

General Tso and Stir Fried Rice

Friday Special \$3

Ice Cream Bar



Please See The A La Carte Area For Our Grab and Go Specialty Salads, Desserts, and Snacks

Menus are subject to change without notice 1

9-11-17 – 9-15-17



# RAMAPO INDIAN HILLS HIGH SCHOOL LUNCH MENU

## \$3.25 Meal Deal

ENTRÉE W/ DAILY VEGETABLE OR HAND FRUIT AND 8 OZ WATER OR MILK

### MONDAY

Meatball Parmesan Sub, Broccoli

### TUESDAY

Baked Mac and Cheese, Zucchini

### WEDNESDAY

Roasted Adobo Rubbed Pork Loin, Carrot

### THURSDAY

French Dip, Roasted Vegetables

### FRIDAY

3 Cheese Quesadilla, Corn



## DAILY ITEMS

- Chicken Fingers \$4.00
- Mozzarella Sticks \$3.75
- French Fries \$ .75
- Daily Vegetable Side \$.75
- Specialty Fries \$1.25

## MADE TO ORDER

- Angus Burgers \$3
- Breaded Chicken Sandwich \$4
- Marinated Chicken Sandwich \$4
- Vegetarian Burger \$3
- Grilled Cheese \$3

## DAILY ITEMS

- Cheese \$1.50
- Pepperoni \$1.75

### MONDAY

White Pizza \$2.00

### TUESDAY

Sausage Pizza \$2.00

### WEDNESDAY

Meat Lover Pizza \$2.00

### THURSDAY

Chicken Mac and Cheese Pizza \$2.00

### FRIDAY

Chicken Parmesan Stromboli \$2.00



### PICK A BREAD

Sub Roll, Wrap, Kaiser Roll, Gluten Free

### GET SOME PROTEIN

Ham, Turkey, Salami, Tuna Salad, Roast Beef ,  
Chicken Breast, Breaded Chicken

Deli \$4.00

Chicken Breast, Breaded Chicken, or Tuna \$4.00

Vegetarian \$3.00

Italian Panini \$4.00

### FIND SOME CHEESE

American, Swiss, Provolone, Pepper Jack,  
Cheddar

### CUSTOMIZE

With our assorted toppings and dressings.

**Add Bacon \$ .50**

**Extra Meat \$1.00**

**Extra Cheese \$1.00**

## \$4 Make Your Own Salad

Make your own salad the way you prefer at our freshly prepared salad bar.



**Monday \$4.25**

Caesar Wrap

**Tuesday \$4.25**

Nacho Bar

**Wednesday \$4.25**

Super Salad Bar

**Thursday \$4.25**

Orange Chicken and Vegetable Lo Mein

**Friday Special \$3**

Fruit Salad Bar



Please See The A La Carte Area For Our Grab and Go Specialty Salads, Desserts, and Snacks

Menus are subject to change without notice 2

# RAMAPO INDIAN HILLS HIGH SCHOOL LUNCH MENU

## \$3.25 Meal Deal

ENTRÉE W/ DAILY VEGETABLE OR HAND FRUIT AND 8 OZ WATER OR MILK

**MONDAY**

Sausage and Pepper Sub, Mixed Vegetables

**TUESDAY**

Pasta w/ Meat Sauce, Zucchini

**WEDNESDAY**

Baked Ham, Carrot

**THURSDAY**

Chicken Quesadilla, Roasted Vegetables

**FRIDAY**

Buffalo Popcorn Chicken, Broccoli



## DAILY ITEMS

- Chicken Fingers \$4.00
- Mozzarella Sticks \$3.75
- French Fries \$ .75
- Daily Vegetable Side \$.75
- Specialty Fries \$1.25

## MADE TO ORDER

- Angus Burgers \$3
- Breaded Chicken Sandwich \$4
- Marinated Chicken Sandwich \$4
- Vegetarian Burger \$3
- Grilled Cheese \$3

## DAILY ITEMS

- Cheese \$1.50
- Pepperoni \$1.75

**MONDAY**

White Pizza \$2.00

**TUESDAY**

Barbecue Chicken Pizza \$2.00

**WEDNESDAY**

Meat Lover Pizza \$2.00

**THURSDAY**

Bacon Pizza \$2.00

**FRIDAY**

Meatball Stromboli \$2.00



**PICK A BREAD**

Sub Roll, Wrap, Kaiser Roll, Gluten Free

**GET SOME PROTEIN**

Ham, Turkey, Salami, Tuna Salad, Roast Beef ,  
Chicken Breast, Breaded Chicken

- Deli \$4.00
- Chicken Breast, Breaded Chicken, or Tuna \$4.00
- Vegetarian \$3.00
- Buffalo Rider Panini \$4.00

**FIND SOME CHEESE**

American, Swiss, Provolone, Pepper Jack, Cheddar

**CUSTOMIZE**

With our assorted toppings and dressings.

- Add Bacon \$ .50**
- Extra Meat \$1.00**
- Extra Cheese \$1.00**

## \$4 Make Your Own Salad

Make your own salad the way you prefer at our freshly prepared salad bar.



**Monday \$4.25**

Pulled Pork Kaiser w/ Spicy Slaw

**Tuesday \$4.25**

Roasted Chicken Street Tacos

**Wednesday \$4.25**

Tortellini Bar

**Thursday \$4.25**

Beef Teriyaki and Egg Rolls

**Friday Special \$3**

Brownie Sundae Bar



Please See The A La Carte Area For Our Grab and Go Specialty Salads, Desserts, and Snacks

# RAMAPO INDIAN HILLS HIGH SCHOOL LUNCH MENU

## \$3.25 Meal Deal

ENTRÉE W/ DAILY VEGETABLE OR HAND FRUIT AND 8 OZ WATER OR MILK

**MONDAY**  
BBQ Chicken and Cheddar Sub, Mixed Vegetables

**TUESDAY**  
Pasta w/ Rosa Sauce, Zucchini

**WEDNESDAY**  
Roast Beef, Carrots

**THURSDAY**  
Boneless Wings, Celery and Carrot Sticks  
**FRIDAY**  
Pierogis, Broccoli



## DAILY ITEMS

- Chicken Fingers \$4.00
- Mozzarella Sticks \$3.75
- French Fries \$ .75
- Daily Vegetable Side \$.75
- Specialty Fries \$1.25

## MADE TO ORDER

- Angus Burgers \$3
- Breaded Chicken Sandwich \$4
- Marinated Chicken Sandwich \$4
- Vegetarian Burger \$3
- Grilled Cheese \$3

## DAILY ITEMS

- Cheese \$1.50
- Pepperoni \$1.75

**MONDAY**  
White Pizza \$2.00

**TUESDAY**  
Pulled Pork BBQ Pizza \$2.00

**WEDNESDAY**  
Meat Lover Pizza \$2.00

**THURSDAY**  
Buffalo Chicken Pizza \$2.00

**FRIDAY**  
Spinach and Feta Stromboli \$2.00



**PICK A BREAD**  
Sub Roll, Wrap, Kaiser Roll, Gluten Free

**GET SOME PROTEIN**  
Ham, Turkey, Salami, Tuna Salad, Roast Beef ,  
Chicken Breast, Breaded Chicken

- Deli \$4.00
- Chicken Breast, Breaded Chicken, or Tuna \$4.00
- Vegetarian \$3.00
- Italian Panini \$4.00

**FIND SOME CHEESE**  
American, Swiss, Provolone, Pepper Jack, Cheddar

**CUSTOMIZE**  
With our assorted toppings and dressings.

- Add Bacon \$ .50**
- Extra Meat \$1.00**
- Extra Cheese \$1.00**

## \$4 Make Your Own Salad

Make your own salad the way you prefer at our freshly prepared salad bar.



- Monday \$4.25**  
Bacon Cheeseburger Bar
- Tuesday \$4.25**  
Burrito Bar
- Wednesday \$4.25**  
Mashed Potato Bar

- Thursday \$4.25**  
General Tso Chicken and Fried Rice
- Friday Special \$4.25**  
Chef's Carved Meal w/ Roasted Potatoes and Vegetable



Please See Our A La Carte Area For Our Grab and Go Specialty Salads, Desserts, and Snacks

# RAMAPO INDIAN HILLS HIGH SCHOOL LUNCH MENU

## \$3.25 Meal Deal

ENTRÉE W/ DAILY VEGETABLE OR HAND FRUIT AND 8 OZ WATER OR MILK

**MONDAY**  
Chicken Parmesan Sub, Broccoli

**WEDNESDAY**  
Meat Loaf, Peas

**TUESDAY**  
Raviolis w/ Garlic Bread, Zucchini

**THURSDAY**  
Buffalo Chicken Sliders, Roasted Vegetables

**FRIDAY**  
Beef Quesadilla, Carrots



## DAILY ITEMS

- Chicken Fingers \$4.00
- Mozzarella Sticks \$3.75
- French Fries \$ .75
- Daily Vegetable Side \$.75
- Specialty Fries \$1.25

## MADE TO ORDER

- Angus Burgers \$3
- Breaded Chicken Sandwich \$4
- Marinated Chicken Sandwich \$4
- Vegetarian Burger \$3
- Grilled Cheese \$3

## DAILY ITEMS

- Cheese \$1.50
- Pepperoni \$1.75

**MONDAY**  
White Pizza \$2.00

**TUESDAY**  
Vegetable Pizza \$2.00

**WEDNESDAY**  
Meat Lover Pizza \$2.00

**THURSDAY**  
BBQ Chicken Pizza \$2.00

**FRIDAY**  
Spicy Italian Stromboli \$2.00



**PICK A BREAD**  
Sub Roll, Wrap, Kaiser Roll, Gluten Free

**GET SOME PROTEIN**  
Ham, Turkey, Salami, Tuna Salad, Roast Beef ,  
Chicken Breast, Breaded Chicken

- Deli \$4.00
- Chicken Breast, Breaded Chicken, or Tuna \$4.00
- Vegetarian \$3.00
- Buffalo Rider Panini \$4.00

**FIND SOME CHEESE**  
American, Swiss, Provolone, Pepper Jack,  
Cheddar

**CUSTOMIZE**  
With our assorted toppings and dressings.

- Add Bacon \$ .50**
- Extra Meat \$1.00**
- Extra Cheese \$1.00**

## \$4 Make Your Own Salad

Make your own salad the way you prefer at our freshly prepared salad bar.



**Monday \$4.25**

Buffalo Wrap

**Tuesday \$4.25**

Taco Bar

**Wednesday \$4.25**

Mac and Cheese Bar

**Thursday \$4.25**

Orange Chicken and Rice

**Friday Special \$3**

Smoothie



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